



Episode 4.2

Self Tape Tech: What Do I Need?

All By My Self Tape

Name: _____

Date: _____

Once you have the essential components of a self tape setup, it's time to dig in to how you actually shoot it. Where do I look? Are there instructions? Can I hold something? Mastering the process of the at home self tape will give you a big leg up on your actor journey!

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1. Pay attention to the D_____. Slates for self tapes can be complicated!



[DEFINITION] Slate: A section at the beginning of an audition or self tape where the actor provides identifying information, such as name, height, location, project, and role.

DON'T WORRY IF YOUR SPACE CAN'T SUPPORT A WIDE SHOT. WHAT'S OUR CHEAT?

2. E_____. Don't look into the lens unless specifically asked. What's our total pro move for multiple characters in this section? S_____ E_____.

Do you need multiple people to read with you if there are multiple characters in your scene? (Circle one)

Yes

No

"Make sure if they've asked for a slate, you look directly into camera and answer every single question. Don't skip any or they'll think that you're trying to hide something."
- Abbie

NOTES

The Essentials Series



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3. F_____. We recommend top of H_____ to
C_____.

What direction should your iPhone be oriented? (Circle one)

Horizontal

Vertical

*"Just make sure
that we're being
smart actors and
that we're using
props to our
benefit."*

- Chelsea

4. P_____.

Are props OK for self tapes? (Circle one)

Yes

No

NOTES

What's the one prop you should never use? A G_____.

Props we love to use are: C_____

S_____

F_____

P_____

P_____

Props should support your performance. They're not the star of the show. Keep your frame in mind and don't block your F_____.